

More Than Just Healthcare:

No Cost Resources for You and Your Family

QUICK START: HOW TO GET YOUR BENEFITS

The first step is figuring out your health plan's Value Added Benefits and how to access them. Follow the steps below to get started.

1. Be a Medicaid member enrolled in AmeriHealth Caritas, Carolina Complete Health, Healthy Blue, or United Healthcare.
2. Have your Member number ready.
3. Call your plan's Member Services or visit their website.

FIND YOUR PLAN AND CLAIM YOUR BENEFITS

Every plan is a little different, and benefits offered may change over time. Additionally, some benefits may have eligibility requirements. Many rewards are provided as a prepaid

card that you can use to purchase items like diapers or over-the-counter medications.

Find your plan below and scan the QR code to go directly to their website or contact the Member Services for additional details.

AmeriHealth Caritas

855-375-8811 | (TTY 1-866-209-6421)

<https://www.amerihhealthcaritasnc.com/member/benefits>



MATERNAL & INFANT BENEFITS

- Access to doula birth coaches.
- Diapers, wipes, and baby bottles.
- Choice of car seat, stroller, or portable crib.
- Breast pumps, storage bags, and breastfeeding support.
- \$25 for completing Notice of Pregnancy and \$50 for completing six infant well care visits.
- Educational sessions, community resources, and prizes/giveaways.

ADDITIONAL BENEFITS

- Products and support for children with asthma.
- GED vouchers and school supplies
- Gym memberships.
- Home-delivered meals for adults with certain chronic diseases.
- Discounts on Smartphones, talk and text programs, and data plans.
- Programs geared to stopping opioid misuse and smoking.
- Ride support to job interviews, wellness appointments, and more.
- Virtual visits for urgent care or doula support.
- Weight management support.

Carolina Complete Health

833-552-3876 | (TTY 711)

<https://www.carolinacompletehealth.com/members/medicaid/vas.html>



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ADDITIONAL BENEFITS

- Gift cards for completing healthy activities.
- Up to \$150 in supplies for members diagnosed with Asthma.
- Tutoring, GED voucher, and \$50 school supplies.
- Assistance with Expungement Certification Fees for a non-violent misdemeanor.

- Gym membership.
- Annual household allowance for members with food insecurity.
- Home-delivered meals for members recently discharged from the hospital.
- Annual household allowance for housing/utility assistance.
- Annual allowance for first aid supplies, baby items, and more.
- Discounts on Smartphones, talk and text programs, and data plans.
- Sensory kits for members with Alzheimer's, dementia, or neurological disorders.
- Voucher for sports, after school activities, camps, and more.
- Rides to health plan sponsored activities or events.
- Retail allowance for prescription eyeglass frames and lenses for members aged 21+.
- Weight management support.

Healthy Blue

844-594-5070 | (TTY 711)

<https://www.healthybluenc.com/medicaid/extras>



MATERNAL & INFANT BENEFITS

- Access to doula birth coaches.
- Diapers, wipes, and formula.
- Car seats and strollers.
- Breast pumps, storage bags, and breastfeeding support.
- Financial incentives for finishing doctor visits.

ADDITIONAL BENEFITS

- Acupuncture.
- Asthma products and support.
- GED vouchers, school supplies, and virtual tutoring.
- Gym memberships and fitness essentials.

- Grocery cards and fresh fruits and vegetables delivery.
- Help with housing insecurity.
- Discounts on Smartphones, talk and text programs, and data plans.
- Programs geared to stopping opioid misuse and smoking.
- Help paying for after-school sports and activities.
- Rides support to job interviews, wellness appointments, and more.
- Traditional Healing Benefit for Native American members registered or affiliated with a tribe.
- 24/7 access to live virtual doctor visits.
- Weight management support.

United Healthcare

800-349-1855 | (TTY 711)

<https://www.uhc.com/communityplan/north-carolina/plans/medicaid/medicaid-uhc-community-plan>



MATERNAL & INFANT BENEFITS

- Reward card for choice of diapers, wipes, car seats, strollers, and pack 'n play.
- Breast pumps, storage bags, and 24/7 virtual breastfeeding support.

ADDITIONAL BENEFITS

- Asthma products and support.
- GED program and a gift card for back-to-school supplies.
- Gym memberships and fitness essentials.
- Grocery cards.

- Home-delivered meals for adults with diabetes or heart disease who were recently discharged.
- Non prescription and over-the-counter pharmacy allowances and rewards card.
- Discounts on Smartphones, talk and text programs, and data plans.
- YMCA voucher for youth activities or sports programs.
- Rides support to job interviews, wellness appointments; quarterly WIC rides for eligible members.
- 24/7 access to live virtual doctor visits.